

Hedonism II First Timer Manual

A practical guide to rules, etiquette, packing, rooms, arrival, and what to expect

Use this as a quick reference before your trip. This is intentionally practical, not a resort review. Policies and operating details can change, so confirm current information with Hedonism II or your Castaways travel advisor before departure.

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1. Quick Start: Know Before You Go

- Nudity is required in the designated nude beach, nude pool, and nude hot tub areas.
- The clothing optional side lets you choose how much or how little to wear.
- Lifestyle participation is always optional.
- Theme night costumes are optional.
- The playroom is generally for couples and single women. Single men are not admitted.
- Respect boundaries. Nudity never means consent.
- Bring more sunscreen than you think you need.
- An insulated cup, backup flip flops, and costume emergency supplies are useful.
- Ask questions. First timers are expected to have them.

Best rule of thumb: Go at your own pace, communicate clearly, and respect the comfort level of the people around you.

2. Nude Side and Clothing Optional Side

Designated nude areas

Nudity is required at the nude beach, nude pool, and nude hot tub.

Clothing optional areas

On the clothing optional side, guests may wear as much or as little as they choose.

Where clothing is required

Clothing or a cover up is required in reception, restaurants, shops, the spa and salon, the piano bar, and other designated public areas.

Security may redirect clothed guests away from designated nude areas so those spaces remain consistent with resort rules.

3. Nude Pool and Beach Etiquette

- Respect personal boundaries at all times.
- Do not assume nudity means consent.
- Do not assume friendliness means sexual interest.
- Do not photograph or record other guests without clear permission.
- Follow instructions from resort staff and security.
- If staff asks guests to stop an activity or move elsewhere, comply.
- Keep shared spaces comfortable for everyone..

4. Lifestyle Participation

You do not have to participate in the lifestyle.

You can enjoy the social scene, beach, pool, theme nights, entertainment, and resort activities without participating in sexual or lifestyle activity.

Theme night costumes are also optional. Some guests go all out, some participate casually, and some skip costumes entirely.

5. Playroom Rules

Hedonism II's adult play space is known as Rendezvous Lounge.

- Access is generally for couples and single women.
- Single men are not admitted.
- Entering does not obligate you to participate.
- You may look around, stay briefly, leave, or return later.
- Smoking, glass containers, high heels, and use of certain areas or features may be restricted.

Hours, rules, and access policies can change. Confirm current guidance after arrival.

Couples: Discuss boundaries before the trip and keep communicating during your stay.

6. Security and Personal Comfort

Security is present around designated nude areas and may redirect guests who are not following the rules of those spaces.

Castaways recommends confirming the resort's current wording about property wide security before publishing any specific 24 hour security claim.

If anything makes you uncomfortable, contact resort staff or security rather than trying to handle the situation yourself.

7. What Is Included

The all inclusive package generally includes:

- Accommodations
- Meals and snacks
- House brand alcoholic and nonalcoholic beverages
- Entertainment
- Resort activities
- Water sports
- Scuba diving for certified divers
- Resort taxes and gratuities

Common extras can include spa services, some premium beverages, private dining, excursions, specialty items, and upgrades.

8. Choosing Your Room

Best value

Garden View rooms generally offer strong value.

Quieter nude side

Garden View rooms in the H Block area, approximately rooms 2130 through 2150 and the rooms above them, have historically been recommended for guests who want the nude side without being directly beside the nude pool.

Ocean View rooms closer to Scuba and Water Sports can also be quieter than rooms closest to the nude pool.

Close to the action

Ocean View rooms overlooking the nude beach place you closer to the social scene. Expect more noise late at night and sometimes into the morning.

Quieter clothing optional option

Rooms in the 1000 numbered buildings farther from the nightclub and main entertainment areas may be quieter.

Hot tub rooms

Hot tub categories are popular and may sell out early. Book sooner if this room type matters to you.

9. Dining

Dining options have traditionally included the Terrace buffet, Pastafari, Harrysan Asian Bistro, Flame grill, the nude beach pool grill, and other snack locations.

Menus, names, hours, and operating schedules can change.

Expect Jamaican dishes, American favorites, seafood, themed meals, and late night options. The jerk chicken and fries at the nude beach grill are longtime favorites.

Private candlelight dinners may be available for an additional charge and generally require reservations.

10. What to Pack

Essentials

- More sunscreen than you think you need
- Insulated cup with your name on it
- Backup flip flops or sandals
- Beach bag
- Charging cords
- Resealable bags for electronics
- Hat or cap

Theme night kit

- Fashion tape
- Safety pins
- Extra ties or fasteners
- Extra clothes hangers

Useful backup items

- Lightweight rain poncho
- Small flashlight
- Portable LED light
- Small extension cord
- Tissues for beach restrooms

- Small portable fan if you prefer a very cold room

Sunscreen reminder: Apply it to any areas that may be seeing Caribbean sunshine for the first time.

11. Getting There

Most international guests fly into Sangster International Airport, MJB, in Montego Bay.

The drive to Negril generally takes about 60 to 90 minutes, though traffic can make it longer.

Commuter flights may also be available from Montego Bay to the Negril Aerodrome in roughly 15 to 20 minutes. The airstrip is across the road from Hedonism II.

Some Castaways hosted trips may include round trip airport transfers or other group amenities. Check your specific trip inclusions.

12. Club MoBay

Club MoBay offers paid expedited arrival and departure services at Montego Bay airport.

- Arrival service may include assistance through immigration and customs.
- Departure service includes lounge access.
- Space can be limited on busy weekends and holidays, so reserve early if you want it.

13. Power, Water and Air Conditioning

- Resort water is considered safe to drink.
- Temporary interruptions involving power, water pressure, or air conditioning can occur.
- A small portable fan can be useful if you prefer a colder room.

14. Staff Etiquette

- Learn your bartender's or server's name.
- Thank your room attendant.
- Treat staff with respect.
- Recognize exceptional service when appropriate.

Longtime guests often find that staff members remember returning visitors from year to year.

15. Cannabis and Hedo Weedo

The Hedo Weedo dispensary is located on property and is open seven days a week.

It carries 100 percent Jamaican grown cannabis products, including flower, prerolls, vape cartridges, concentrates, tinctures, salves, and lotions.

Budtenders are available to answer questions and make recommendations based on experience level and preference.

Cannabis laws, product availability, and resort policies can change, so confirm current requirements before purchasing.

Do not attempt to transport cannabis across international borders.

16. Final First Timer Checklist

- Confirm passport and Jamaica entry requirements.
- Review your airport transfer arrangements.
- Confirm your room category.
- Check current theme nights.
- Pack sunscreen and an insulated cup.
- Discuss boundaries and expectations with your partner before travel.
- Review the current nude area and playroom rules.
- Save your Castaways host contact information.
- Join your group chat if your hosted trip uses one.
- Ask questions before you go rather than worrying about them.

Most important: You do not need to do everything. Take your time, meet people, try what interests you, skip what does not, and experience Hedo at your own comfort level.